

HOLLY HUBER

personal profile

Over the last decade, my drive for the advancement of individuals, my natural curiosity, and prowess in neurofeedback has transported me from Nebraska, to biohacking retreats, to the mountains of Peru, as well as doing remote work from my last home in Australia. All of it has helped me flourish in the various niches of clinical neurotherapy, peak performance, and advanced spiritualism.

I take great care. I don't miss the little things. I love people, and I genuinely believe in them. A lot can be accomplished with experience and intelligence. Still I know that when it comes to the human condition, it must be met with grit, peace, and a heart-filled spirit.

Individuals are constantly looking for healing or to find themselves again, and I am committed to connecting clients to the power within themselves. My mission is to navigate clients toward a state of peace, optimism, and wholeness in their beautiful movement of life.

CONTACT INFO

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HOLLY HUBER

neuroenhancement

EXPERIENCE

Personal Coaching

August 2023 - January 2024

Abbey Neuropsychology Clinic

Cognitive Trainer & Lead of Biofeedback

May 2021 - Jan 2022 & Aug 2022 - Aug 2023

NeuroHolly

NeuroEnlightenment Peru

Consultant & Neuromodulation Coach

January 2022 - July 2022

40 Years of Zen

NeuroTech & Breathworker & Heart Instructor

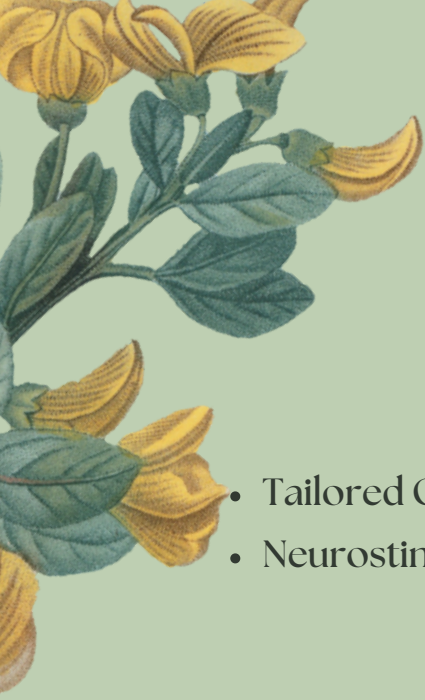
February 2019 - April 2021

Neurotherapy Center of Nebraska

Neurotherapy Technician

June 2015 - December 2018





RESUME

EXPERTISE

- Tailored Genuine Caring
- Neurofeedback (NeuroGuide)
- Neurostimulation (NeuroField)
- Spiritual & Intuitive Guidance

HISTORY

Personal Coach

August 2023 - January 2024

- Provided daily coaching to a young man with autism.
- Guided him through his self-discovery process.
- Became a sounding board to consult outside his personal life.
- Created games, programs and mind-maps to help navigate life topics such as friendship, mindfulness, joy, shame, & organizational habits.

ABBEY NEUROPSYCHOLOGY CLINIC

Cognitive Trainer & Lead of Biofeedback

May 2021 - January 2022 & August 2022 - August 2023

- Remotely trained mental health clients using 19-channel EEG neurofeedback.
- Confided with tough cases of depression, phobias, autism, etc.
- Created entire biofeedback course for clients.
- Trained staff for breathwork, biofeedback, & HeartMath.
- Learned the coordination, dedication & care required to be a large, remote, successful neuropsychology team.
- Administered neuropsychological testing to clients.
- Refined skill-set in editing raw EEG.

NEUROHOLLY CONSULTING

Consultant for NeuroEnlightenment Peru

January 2022 - July 2022

- Travelled to the Sacred Valley in Peru to instruct the team.
- Created the company website.
- Suggested business strategies for a graceful merge with retreat centers.
- Trained the NeuroEnlightenment team in EEG, neurofeedback, neurostimulation, & ethics.
- Collected, analyzed, & demonstrated EEG data of clients at retreat centers, healers and spiritual seekers.
- Identified subconscious & conscious markers beyond basic EEG pathology.
- Directed NeuroEnlightenment toward providing neurointegration for those going through ceremonies & retreat programs.



RESUME

HISTORY

40 YEARS OF ZEN

NeuroTech, Breathworker & Heart Instructor

February 2019 - April 2021

- Brought onto high-performing team for extensive knowledge of neurostimulation in a clinical setting with neurofeedback/biofeedback.
- Required to have a cutting-edge, spiritually attuned & innovative mindset.
- Studied real-time data of various consciousness states every day.
- Translated the analysis of clients' real-time data during sessions so they could recognize the feeling of various states, build upon themselves, & integrate the processes into their daily lives.
- Discovered ways to expand the realms of possibility utilizing neurotechnology, specific emotional skill-building, & more.
- Exceeded previous boundaries of clinical perspective by working with peak-performance individuals.
- Integrated tACS/tDCS, Qi Gong breathwork, biofeedback, & heart-focused lecture into the program.

NEUROTHERAPY CENTER OF NEBRASKA (NCN)

Neurotherapy Technician

June 2015 - December 2018

- Curated and conducted thousands of neurofeedback and neurostimulation sessions with a wide variety of clients.
- Assisted in translation of EEG between practitioner & clients.
- Learned the foundational ethics of caring for vulnerable populations.
- Conducted experiments on myself with neurostimulation to learn more about peak-performance, specific protocols, and spiritualism/meditation with the instruments.
- Spearheaded the clinic's utilization of breathing techniques and HeartMath biofeedback training.

EDUCATION

ABBEY NEUROPSYCHOLOGY CLINIC TRAINING

May 2021 - January 2022 & August 2022 - August 2023

- Trained in administering Cognitive Skills such as reading program, sleep program, eye teeming program, etc.
- Created the breathing program all trainers used for clients.
- Administered research-backed cognitive testing and how to compare results over long-term period.



RESUME

EDUCATION

ADVANCED NEUROFIELD NEUROSTIMULATION TRAINING

June 2017 - June 2018 - Summer 2019 - Several Online Seminars

- NeuroField is the most advanced & approved neurotherapy/ neurostimulation company in the neurofeedback field.
- Accumulated knowledge focused on utilizing pEMF, tACS, tDCS, tRNS, etc on the brain.
- Found that clinically using these tools properly exceeded healing expectations, timeline, & long-term outcomes.
- Bolstered healing during intensive, peak performance trainings & became a useful tool for extreme or hardy clients.

BCIA NEUROFEEDBACK DIDACTIC COURSE

Fall 2020

- Weeklong course teaching the history, ethics, and application of technical neurofeedback work.
- Required for neurofeedback technician certification.
- Adapted understanding of basic neurofeedback equipment by using new hardware and software.

HEARTMATH MENTOR, BIOFEEDBACK TRAINING & BREATHWORK

Since 2018

- Combined biofeedback with meditation & breathing techniques.
- Brought relief to clients with anxiety, trauma, stress, insomnia, ADHD, ODD, autism, & POTS.
- Analyzed breath data at 40 Years of Zen to create individualized breathing techniques.
- Graduated herself into more refined biofeedback equipment.
- Formulates combinations of breathing for specific individuals & outcomes.

AROMA POINT MASTER

Spring 2019

- Aroma Point Therapy combines essential oils & acupuncture points.
- The therapy bolstered & opened various consciousness states while clients were going through the Zen program.

BACHELORS IN SOCIOLOGY - UNIVERSITY OF NEBRASKA

Graduated December 2015

- Began college on scholarship as a dedicated theatre major.
- Discovered neurofeedback in my second year and began major in neuroscience.
- Sociology thesis bridged research-backed social anxiety tests with the social situations and the sociological perspective.

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EXPERIENCE

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Cognitive Trainer & Lead of Biofeedback

May 2021 - Jan 2022 & Aug 2022 - Aug 2023

Remotely trained clients with 19-channel EEG neurofeedback, cognitive skill training, and biofeedback.

NeuroHolly

NeuroEnlightenment Peru

Consultant & Neuromodulation Coach

January 2022 - July 2022

Consulted a burgeoning neurofeedback & research facility in the mountains of Peru. Trained, created, and set up current softwares/hardwares.

40 Years of Zen

NeuroTech, Breathworker & Heart Instructor

February 2019 - April 2021

Created state of the art experiences for peak performance clients in a retreat setting. Used neurofeedback, neurostimulation, QiGong breathwork, and HRV biofeedback.

Neurotherapy Center of Nebraska

Neurotherapy Technician

June 2015 - December 2018

Learned all aspects of an in-person clinical neurofeedback & neurostimulation practice. Brought biofeedback and HeartMath into the clinic.

Learned valuable traits of caring for people.

EDUCATION

ABBEY NEUROPSYCHOLOGY TRAINING

May 2021 - January 2022 & August 2022 - August 2023

ADVANCED NEUROFIELD NEUROSTIMULATION TRAINING

June 2017 - June 2018 - Summer 2019 - Several Online Seminars

BCIA NEUROFEEDBACK DIDACTIC COURSE

Fall 2020

HEARTMATH MENTOR

Since 2018

AROMA POINT MASTERY

Spring 2019

BACHELORS IN SOCIOLOGY

UNIVERSITY OF NEBRASKA

Graduated December 2015